KAPLAN INTERNATIONAL LANGUAGES

Addiction and Overdose Support Resources

If you or someone you know is struggling with substance use, addiction, or is at risk of overdose, there are confidential, judgment-free supports available throughout Vancouver. These services follow provincial harm-reduction guidelines and are accessible to all residents, including international students.

Overdose Prevention & Naloxone

British Columbia provides free naloxone kits and training to help prevent opioid-related deaths. Naloxone can temporarily reverse an opioid overdose and is safe to use.
Naloxone training teaches you how to recognize an overdose and respond effectively in an emergency. Free Naloxone kits are available at the front desk of the school campus.

Additionally, you can also access free naloxone kits and basic overdose-prevention information from:

- Pharmacies across Vancouver (no prescription required)
- Vancouver Coastal Health clinics
- Overdose Prevention Sites (OPS)
- B.C. Centre for Disease Control (BCCDC) - training and "Take Home Naloxone" program

Substance Use, Addiction & Harm-Reduction Supports

Healthlink BC (8-1-1)

Free, confidential phone support is available in many languages. Call 811 to access the following:

- Substance-use specialists
- Addition and recovery information
- Referrals to local treatment and harm-reduction services
- Guidance on overdose prevention

Vancouver Coastal Health - Substance Use Services

Website: Services and resources | Vancouver Coastal Health

Provides access to the following:

- Addiction-treatment navigation
- Harm-reduction supplies
- Community overdose response resources

In an Overdose Emergency

- If you suspect an overdose, call 911 right away and follow SAVE ME protocol while waiting for first responders.
- Stay with the person and follow the instructions of the emergency operator

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