

## **Addiction and Overdose Support Resources**

If you or someone you know is struggling with substance use, addiction, or is at risk of overdose, there are confidential, judgment-free supports available throughout Vancouver. These services follow provincial harm-reduction guidelines and are accessible to all residents, including international students.

### **Overdose Prevention & Naloxone**

British Columbia provides free naloxone kits and training to help prevent opioid-related deaths. Naloxone can temporarily reverse an opioid overdose and is safe to use.

Naloxone training teaches you how to recognize an overdose and respond effectively in an emergency. Free Naloxone kits are available at the front desk of the school campus.

Additionally, you can also access free naloxone kits and basic overdose-prevention information from:

- Pharmacies across Vancouver (no prescription required)
- Vancouver Coastal Health clinics
- Overdose Prevention Sites (OPS)
- [B.C. Centre for Disease Control \(BCCDC\)](#) - training and "Take Home Naloxone" program

### **Substance Use, Addiction & Harm-Reduction Supports**

#### **Healthlink BC (8-1-1)**

Free, confidential phone support is available in many languages. Call 811 to access the following:

- Substance-use specialists
- Addition and recovery information
- Referrals to local treatment and harm-reduction services
- Guidance on overdose prevention

#### **Vancouver Coastal Health - Substance Use Services**

**Website:** [Services and resources | Vancouver Coastal Health](#)

Provides access to the following:

- Addiction-treatment navigation
- Harm-reduction supplies
- Community overdose response resources

#### **In an Overdose Emergency**

- If you suspect an overdose, call [911](#) right away and follow [SAVE ME](#) protocol while waiting for first responders.
- Stay with the person and follow the instructions of the emergency operator